

Code of Conduct for All Members and Connected Participants

PREMIER TAEKWONDO is fully committed to safeguarding and promoting the well-being of all its members, ensuring a positive and enjoyable experience for all. The club believes that members, coaches, connected participants (including parents) must conduct themselves in an honest, fair, impartial and transparent manner. It is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with Setareh Ghasemi, Club Welfare Officer.

Code of conduct for Children & Young Athletes;

As a child or young athlete under the age of 18 years I have the right to:

- Be safe and protected
- Be listened to
- Be respected and treated fairly
- Be believed
- Ask for help
- Be coached by someone who has the right qualifications

As a young athlete I will respect the Code of Conduct and I will:

- Be friendly and supportive to other students
- Keep myself safe
- Tell my coach if I am ill, injured or don't feel safe
- Compete fairly and respect other students and officials
- Respect the rules of my club
- Behave and listen to all instructions from my coach and officials
- Take care of equipment owned or provided by the club or training facility
- Keep to agreed timings for all club activities
- Tell my parents/careers where I am or if I am going to be late
- Use safe transport

I will not:

- Use bad language or take part in any inappropriate or illegal behavior
- Bully anyone or pressure them to do things they do not want to, including online
- Use my mobile phone during training, competitions, or in changing rooms
- Carry or consume alcohol or illegal substances

I understand that if I do not follow this code actions can be taken, parents/careers will be informed and I may:

- Be asked to apologies for my behavior
- Receive a verbal or written warning from my club or British Taekwondo
- Be suspended from attending club training sessions for a fixed period of time
- Be suspended from participating in domestic and/or national competitions for a fixed period of time
- Be asked to leave the club

Code of Conduct for Senior Athletes

As a responsible athlete I will:

- Respect the rights of every student, coach, technical official and others involved in Taekwondo and treat everyone equitably
- Uphold the same sporting values away from sport as I do when engaged in Taekwondo
- Participate within the rules of the sport/martial art
- Consistently promote positive aspects of the sport/martial art and never condone rule violations or the use of prohibited substances
- Challenge and report inappropriate behavior by others
- Maintain strict boundaries between friendship and intimacy with a coach or official
- Adhere to the Code of Conduct for All Members

I will not:

- Swear or use abusive language whilst in athletics venues, at club functions and events, or when as part of a team/squad
- Engage in inappropriate or illegal behavior
- Misuse or abuse sporting equipment and venues

I understand that if I do not follow the Codes action can be taken and I may:

- Be asked to apologies for my behavior
- Receive a verbal or written warning from my club or British Taekwondo
- Be suspended from attending club training sessions for a fixed period of time
- Be suspended from participating in domestic and/or national competitions for a fixed period of time
- Be asked to leave the club

Code of Conduct for:

Coaches, Team Managers, Assistant coaches, Referees, Club administrators, Club Welfare Officers
Volunteers

When in my capacity as one of the above:

I will:

- Be a positive role model for Taekwondo by acting in a way that projects a positive image of my role and being fair, considerate and honest with participants and officials
- Maintain appropriate membership, insurance and criminal records check to allow me to fulfil my role
- Display high standards in my language, manner, punctuality, preparation and presentation to ensure that all time spent with me by participants or colleagues is a positive experience
- Be consistent, independent and demonstrate complete impartiality through exercising reasonable care and skill to enforce the rules of Taekwondo when officiating

- As a coach seek to inspire and motivate in accordance with an individual's abilities to enable them to participate to the best of their ability and realize their potential
- As a coach provide athletes with planned and structured training programmes appropriate to their abilities and goals by ensuring that equal attention and opportunities are available to all, including those requiring a modified plan due to sickness or injury
- Ensure that the training and/or competition environment is safe and appropriate for the age, physical and emotional maturity, experience and ability of the athletes
- Ensure that I follow instructions and comply with all health and safety regulations that apply to the role I am undertaking

I will not:

- Conduct an inappropriate relationship with a student under 18 years of age (an intimate relationship with someone under 16 years is a criminal offense)
- Not exert undue influence to obtain personal benefit or reward
- Neglect my responsibility for any child in my care at any time
- Vacate the venue until the supervision of the safe dispersal of all the athletes complete (NB delegation of this duty may be allocated to another official)
- Bully a child either physically or verbally, nor reduce a child to tears as a form of control
- Engage in rough, physical or inappropriate behavior
- Allow the use of inappropriate language to go unchallenged
- Do things of a personal nature for a player that they can do for themselves
- Contravene the additional guidelines outlined in the Safeguarding Policy and related policies

I will abide by this code of conduct and promote it to others. I understand that if I do not follow this code or associated guidelines, the following sanctions may be Taken.

I may:

- Receive a verbal warning, written warning and/or fine
- Be placed under mentoring of another club coach
- Be suspended for a fixed term period either from full club training or competition coaching

Code of Conduct for Parents/Careers

The enjoyment and safety of your child when involved in an activity is of paramount importance to Premier Taekwondo. Every participant will be encouraged and asked to ensure their behavior and actions meet the values and standards expected of them at all times. As parents/careers, you are asked to support our all-encompassing code of conduct and additionally:

As a parent/career, I will:

- Encourage my child to play within the rules and respect officials' and coaches' decisions
- Support my child's efforts and performance, giving positive comments that motivate and encourage continued effort and learning
- Understand that competition is about winning and losing, so results are always accepted without undue disappointment
- Be a positive role model to my child by helping them to work towards skill improvement and good sportsmanship
- Remember that children learn best by example; I will applaud good play by both my child and their opponent
- Thank the coaches, officials and other volunteers who give their time for my child and not interfere with or question their decisions in competition

- Respect the rights, dignity and worth of all people involved in the game, regardless of any protected characteristic
- Read the rules of the sport to better understand what I am watching and discussing with my child
- Promote this code of conduct to other parents, careers and supporters
- Be aware of the Safeguarding Policy and ensure that any concerns are reported to the Club Welfare Officer.

As a parent/career, I will not:

- Pressure my child in any way; I know that this is their sport not mine
- Use inappropriate language, harass athletes, coaches, officials or other spectators
- Criticism or ridicule my child for making a mistake or losing during or after the match
- Force my child, if they are unwilling, to participate in the sport
- Arrive at an activity under the influence of alcohol or drugs
- Use social media to bring the sport into disrepute or make an inappropriate comment about an athlete, coach, official, volunteer or any other member of British Taekwondo
- Consume alcoholic drinks either immediately prior to or while being at a Taekwondo activity where my child is participating in the sport
- Take part in any illegal activity including the taking of illegal substances

I understand that inappropriate pressure on children, and poor behavior of adult spectators can sometimes make children drop out of sport. I accept that this code promotes good spectator behavior and that if I do not follow this code action will be taken and I may:

- Be asked to apologies for my behavior
- Receive a verbal or written warning
- Receive a fixed term suspension from attending club training sessions and events

- Be suspended from attending all domestic and national competitions
- Be required to leave the club