

Premier London Timetable

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|--|--|--------------------------|--|-------------------------------|--|
| Monday | | 4:30 - 5:30pm | 5:30 - 7:00pm | | |
| | | YMCA Hawker | YMCA Hawker | | |
| Tuesday | | 4:30 - 5:30pm | 5:30 - 7:00pm | | |
| | | Brentford Leisure Centre | Brentford Leisure Centre | | |
| Wednesday | | | | | |
| Thursday | | 4:30 - 5:30pm | 5:30 - 7:00pm | | |
| | | Brentford Leisure Centre | Brentford Leisure Centre | | |
| Friday | | | | | |
| Saturday | | | 12:00 - 1:00pm | 1:00 - 2:30pm | |
| | | | Kingston College Sport Centre | Kingston College Sport Centre | |
| Sunday | | | | | |
| Brentford Fountain Leisure Centre TW9 0HJ | | | Tel: 07476 061052 London@PremierTaekwondo.org | | |
| Kingston College Sport Centre KT1 2AQ | | | | | |
| YMCA Hawker, Lower Ham Rd KT2 5BH | | | | | |